

HINDLEAP WARREN

September 2021

Hindleap is a purpose built outdoor education centre in a beautiful position on the northern edge of the Ashdown Forest.



... and has an outstanding reputation for delivering quality residential courses for Primary and Secondary Schools.



The grounds...



Accommodation...





The children's rota...



Monday 20th September morning

- Please arrive by 8:45am and bring your children straight onto the back playground.
- They need to register any medicines with Miss Barrett. These medicines need to be clearly labelled, in a clear bag (sandwich bag is fine), and contain their doctor sticker and medical leaflet.
- Please ensure your child has a small suitcase – we have limited space on the coach and larger suitcases will cause problems and delays in the morning.

Adults

- Miss Barrett (Trip Leader)
- Miss Lonergan (First Aid)
- Miss Kent (First Aid)
- Mrs Turitto (Mon-Wed)
- Miss Lawrence (Wed-Fri)
- Mrs Goodlake (1:1 LSA)
- Mrs Atkins (1:1 LSA)
- Supply 1:1 LSA

Activities

Session	Time	9 West Byfleet	10 West Byfleet	11 West Byfleet	12 West Byfleet
Monday 20 Sep					
Mon	11:00 - 12:15	Introduction, objective setting and tour	Introduction, objective setting and tour	Introduction, objective setting and tour	Introduction, objective setting and tour
Mon	13:30 - 15:00	Seesaw course	Pole Leap of Faith	Team Building	Climbing Tower
Mon	15:15 - 16:45	Pole Leap of Faith	Pentagon Course	Climbing Tower	Team Building
Mon	19:00 - 20:00	Night Walk	Night Walk	Night Walk	Night Walk
Session	Time	9 West Byfleet	10 West Byfleet	11 West Byfleet	12 West Byfleet
Tuesday 21 Sep					
Tue	08:45 - 10:15	Pentagon Course	Outdoor Archery	Pole Leap of Faith	Seesaw course
Tue	10:30 - 12:00	Outdoor Archery	Climbing Tower	Seesaw course	Pole Leap of Faith
Tue	13:30 - 15:00	Team Building	Pool Boarding	Pentagon Course	Pioneering
Tue	15:15 - 16:45	Climbing Tower	Team Building	Pioneering	Pentagon Course
Session	Time	9 West Byfleet	10 West Byfleet	11 West Byfleet	12 West Byfleet
Wednesday 22 Sep					
Wed	08:45 - 12:00	Map Reading & Orienteering	Map Reading & Orienteering	Forest Adventure	Forest Adventure
Wed	13:30 - 16:45	Forest Adventure	Forest Adventure	Map Reading & Orienteering	Map Reading & Orienteering
Wed	19:00 - 20:00	Swim	Swim	Swim	Swim

Activities

Session	Time	9 West Byfleet	10 West Byfleet	11 West Byfleet	12 West Byfleet
Thursday 23 Sep					
Thu	08:45 - 10:15	Bushcraft	Bushcraft	Pool Boarding	Obstacles
Thu	10:15 - 10:30	Bushcraft	Bushcraft		
Thu	10:30 - 12:00	Bushcraft	Bushcraft	Obstacles	Outdoor Archery
Thu	13:30 - 15:00	Pool Boarding	Obstacles	Bushcraft	Bushcraft
Thu	15:00 - 15:15			Bushcraft	Bushcraft
Thu	15:15 - 16:45	Obstacles	Pioneering	Bushcraft	Bushcraft
Session	Time	9 West Byfleet	10 West Byfleet	11 West Byfleet	12 West Byfleet
Friday 24 Sep					
Fri	09:15 - 10:45	Pioneering	Seesaw course	Outdoor Archery	Pool Boarding
Fri	11:00 - 12:00	End of course review	End of course review	End of course review	End of course review

Menus - breakfast

Summer Breakfast

[illegible]

Lunch

Summer Lunch							
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Main course 1	Macaroni Cheese	" Make it yours " Jacket Potato With your choice of Beef, Lentil Chilli & Kidney Beans BBQ Baked Beans Tuna & Sweetcorn Mayo Cheddar Cheese	Finger Roll Bratwurst Sausage Or Quorn Sausage	Sweet & Sour Chicken	Battered Cod Fillet	" Make it Yours " Freshly Baked White or Wholegrain Baguette	Homemade Beef Burger
Main course 2	Sweet Potato & Beetroot Burgers		Sticky Onions	Soy Bean, Courgette & Spring Onion Hoisin Sauce	Baked Tomato & Beetroot Wellington	BLT	Sweet Potato & Beetroot Burger
On the side	Baby Potatoes		Skin on Wedges	Stir Fried Vegetable Noodles	Peas Chips	Cheddar Tuna & Sweetcorn Mayonnaise	Fresh Cut Chips
Jacket Bar	Baked Beans		Mustard Ketchup	Egg Fried Rice		Egg Mayonnaise	
			Tuna & Sweetcorn Mayonnaise	Cheddar Cheese	Baked Beans	Vegetable Chilli	
Salad Bar	Freshly baked Breads Garden Salad Cous-Cous Salad Grated Carrots	Freshly Baked Breads Garden Salad Carrot & Celery Sticks Egg Mayonnaise salad	Garden Salad Rainbow Slaw Potato Salad	Garden Salad Prawn Crackers Kale & Beetroot Salad Freshly Baked Breads	Garden Salad Caesar Salad Roasted Vegetable Salad	Garden Salad Potato Salad Cous-Cous Salad Rainbow Slaw	Tomato Relish Ketchup Mayonnaise Tomatoes Rainbow Coleslaw Potato Salad
Dessert	Toasted Oat Flapjack	Sticky Toffee Pudding	Chocolate & Syrup Krispy Cake	Pear and Ginger Crumble Mixed Jellies	Lemon & Raspberry Sponge	Carrot & Sultana Cake	Ice Cream Bar Waffle Cones

Dinner





Summer Dinner

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<i>Salad Bar</i>	Garden Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad
<i>Main course</i>	Pizza Night Cheese & Tomato Onion & Pepper	"Taco Tuesday" Smokey Pork & Bean Roasted Pepper & Jack Fruit Rice & Beans Shredded Lettuce Rainbow Slaw Chunky Tomato Salsa	Pasta Night Fusilli Pasta Beef Bolognaisse Cheddar & Leek Sauce Chunky Tomato & Herb Garlic Bread	Pork Chipolatas Quorn Sausage & Pepper Bake	Spice Roasted Chicken Medley of Spring Vegetables	BBQ Chicken Stew Vegetable Chilli with Rice	Vegetable Lasagne Traditional Lasagne
<i>On The Side</i>	Corn on the Cob Parmentier Potatoes			Mashed Potato Cabbage, Peas & Leeks Gravy	Lentil Tikka Coconut Korma Paprika & Lentil Rice	Baked Root Vegetables Roasted New Potatoes	Garlic Bread Carrots Wilted Greens
<i>Dessert</i>	Fresh Fruit Salad	Banana & Ginger Sponge	Cinnamon Rice Pudding Fruit Coulis	Chocolate & Beetroot Cake	Selection of Cold Desserts	Baked Cookies	Chocolate Brownie

Selection of fresh cut & whole fruits

Bedrooms:

Allocated Zone **Orange**, Middle & **Red** Zones

Drying Room South		Wet Changing Room (South)		
19. (2 Beds)	STAFF ROOM		South End: 2 Toilets and 3 Showers	Wet Entrance
20. (2 Beds)	STAFF ROOM		Staff Toilet and Shower	
21. (6 Beds)			26. (6 Beds)	
22. (6 Beds)			27. (6 Beds)	
23. (6 Beds)		Stairs	28. (6 Beds)	
24. (6 Beds)		<u>Orange Zone</u>	South Middle: 2 x Toilet and Shower ♿	
25. (6 Beds)		 Middle Zone	29. (4 Beds)	
 To Dining Room & Link Corridor		 <u>Red Zone</u>	30. (2 Beds) STAFF ROOM	
			Staff Toilet and Shower Middle	
(PRIVATE)		 <u>Red Zone</u>	36. (6 Beds)	
(PRIVATE)			North Middle: 2 x Toilet and Showers ♿	
31. (6 Beds)			37. (6 Beds)	
32. (6 Beds)			38. (6 Beds)	
33. (6 Beds)		Stairs	Staff Toilet and Shower	
34. (2 Beds)	STAFF ROOM		North End: 2 Toilets and 3 Showers	Wet Entrance
35. (2 Beds)	STAFF ROOM			
Drying Room North		Wet Changing Room (North)		

Clothes

- Day wear; thin and thick jumpers, T-shirts, trousers/tracksuit bottoms, (not jeans) old trainers, waterproofs, fleece/jacket, gloves and hats, (optional)
- Forest Adventure; Wellington boots, old trousers, old T-shirts, old jumper/sweatshirt, (please put these items in a separate carrier bag)
- Swimming; swimwear, socks, goggles, hat

Clothes (cont)

- Evening wear; sensible, comfortable and warm
- Night wear; pyjamas, slippers, small teddy
- Five sets of underwear/socks would be advisable, bath towel and face towel
- Bin liner for dirty washing, carrier bag for dirty Wellington boots

Hindleap: What to Wear.

Session	Clothing	Footwear
Archery	Long sleeved jumper or long sleeved T-shirt	Trainers
Climbing	Long sleeved jumper or long sleeved T-shirt Jogging / tracksuit bottoms (NOT jeans or shorts)	Trainers
High Adventures & Zip Wire	T-shirt & / or jumper Jogging bottoms / shorts	Trainers
Forest Adventure	T-shirt Jumper Waterproof Jogging / tracksuit bottoms (NOT jeans or shorts)	Wellingtons
Obstacles	T-shirt Jumper Waterproof Jogging / tracksuit bottoms (NOT jeans or shorts)	Wellingtons
Map Reading & Orienteering	T-shirt & / or jumper Jogging bottoms / shorts	Trainers
Swimming	Towel Swimsuit	Shoes
Team Exercises & Team Challenge	T-shirt & / or jumper Jogging bottoms / shorts	Trainers
EVS (Hindleap Animals, Pond Dip ect)	T-shirt & / or jumper Jogging bottoms / shorts	Trainers
Mining	Old clothes Long sleeved jumper Waterproof Long trousers	Wellingtons
Canoeing/ Kayaking	Clothes you don't mind getting wet If warm and sunny - shorts and T-shirt If cool - loose fitting clothes Towel and change of clothes to keep warm	Shoes (NOT Flip Flaps or Wellies)
Bushcraft (Shelter Build / Fire Lighting)	T-shirt & / or jumper Jogging bottoms / shorts	Trainers

Other Items to Bring

(on day of departure)

- £5 pocket money in a named purse/wallet
(Coins please)
- Shampoo, soap, toothpaste/toothbrush
- Disposable camera with name on
(optional)

Please Do Not Bring

- Toys, torches, games, mobile phones, food, sweets, drinks, MP3 Players
- It is **EXTREMELY IMPORTANT** that no one packs any food, snacks, sweets in your child's bag. It is dangerous for any children on site who have allergies.

Health and Safety

- All instructors are fully qualified and are First Aid trained
- 24 hour Duty Manager on call

Other Information

- Meals; vegetarian option, (please specify) salad options, etc.
- Drinks; water, squash and hot chocolate
- Tuck shop
- Duty day
- Bedtime routine; Lights out at 9pm

Any questions?