

Intent, Implementation and Impact

PE

Intent

At West Byfleet Junior School we believe all children in school, no matter their age or ability, should have the opportunity to take part in well-lead, safe, engaging P.E lessons and develop competence to excel in a broad range of physical activities. Sport is the driving force behind children's mental and physical wellbeing, thus children should be active for sustained periods of time. We also wish to enrich the children's knowledge of their own bodies and what is needed to stay healthy and to lead an active lifestyle. As a school our aims are to promote a positive ethos around providing excellent sports provision inspiring and encouraging all children to take part in sport both through the core curriculum and enrichment opportunities and for them to be engaged in competitive sports both in and out of school

Implementation

Dance

perform dances using a range of movement patterns

Gym

develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics]

Games

play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending

use running, jumping, throwing and catching in isolation and in combination

Athletics

develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics]

Outdoor Adventurous Activities

take part in outdoor and adventurous activity challenges both individually and within a team

Evaluation

Compare their performances with previous ones and demonstrate improvement to achieve their personal best.

Healthy Lifestyles

Understand the importance of a healthy lifestyle and how life choices contribute to living healthily

Swimming

swim competently, confidently and proficiently over a distance of at least 25 metres

use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]

perform safe self-rescue in different water-based situations.

Impact

- Dance classes run by S4K (Sports for Kids) for all year groups
- School games gold award 3 years running
- 3rd in Surrey for participation
- Competed in 8 different sports last year
- Compete in district sports
- Sports Hall Winners 2021-22
- Sports Day
- Forest School
- Residential trips
- New PESS assessment system now up and running and working well
- New system allows children to assess own performance and see progression
- Parent reports that break down child's activity levels and attainment in P.E
- Walk the World initiative for keeping children active